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| Name: mr. nithin v | Reg No: 11-11smmhc18 |
| Age / Sex: 28/m | Contact No:9035715414 |
| Marital Status:ml- 1 and half yr | Date:11/11/18 |
| Occupation:isro – technician from 5 years. | Dr. pjfp |
| Address: native of bengaluru | DIAGNOSIS- |

1. Hairfall since 5-6 years. Thinning of hair after shaving at tpt 5-6 times using their fresh razors.
2. Dandruff is thr frm 1.5 year.
3. Had one eruption in the occiput region . reduced by itself.

Rx:

1. Thuja 200 – weekly dose 4 doses
2. Graph 30 – disc 4-0-4
3. Ferr phos 6x 4-4-4
4. Rub 30 – 1 dose night b/food.

29/12/18: HAIRFALL BETTER. DANDRUFF BETTER.

RX:

1. Thuja 200 – weekly dose 4 doses.
2. Graph 30 – disc 4-0-4 A/FOOD.
3. Ferr phos 6x 4-4-4
4. Rub 30 – 1 dose night b/food.
5. ARNICAQ+STAPHYQ+ACID PHOS Q 20ML IN CASTOR OIL 200ML.

28/1/19: HAIRFALL BETTER. FEELS THIN HAIR BUT GETTING COVERED UP THE SPACES.

1. Thuja 1M/MEDO1M – weekly dose 4 doses.
2. BARYTA CARB 6C – disc 4-0-4 A/FOOD.
3. Ferr phos 6x 4-4-4
4. Rub 30 – 1 dose night b/food.
5. NAT MUR 6X+ SIL 6X 4-4-4-4.

18/3/19: cracks on the soles feels painful when putting weight on it. Since 1 year. As soon as the hair grows it falls. But overall hairfall reduced. Thin hair still.

Rx:

1. Thuja 1M/MEDO1M – weekly dose 4 doses.
2. BARYTA CARB 6C + acid phos 30– disc 4-0-4 A/FOOD.
3. Ant crud 30 – pills 4-4-4 a/food.
4. Rub 30 – 1 dose night b/food.
5. NAT MUR 6X+ SIL 6X 4-4-4-4+kali sulph 6x.